**Using the language of THRIVE - P.A.C.E at Pot Kiln School**

**Playfulness**

**This is about creating an atmosphere of lightness and interest when you communicate. It means learning how to use a light tone with your voice, like you might use when storytelling, rather than an irritated or lecturing tone. It’s about having fun, and expressing a sense of joy.**

**Acceptance**

**Unconditional acceptance is at the core of the child’s sense of safety.**

**Acceptance is about actively communicating to the child that you accept the wishes, feelings, thoughts, urges, motives and perceptions that are underneath the outward behaviour.**

**Curiosity**

**Curiosity, without judgment, is how we help children become aware of their inner life, reflect upon the reasons for their behaviour, and then communicate it to others. Curiosity is wondering about the meaning behind the behaviour for the child. Curiosity lets the child know that the adults understand.**

**Empathy**

**Empathy lets the child feel *the adult’s* compassion for them. Being empathic means the adult actively showing the child that the child’s inner life is important to the adult and he or she wants to be with the child in their hard times.**